**ELVIRA DIZON IROG**

018 Sitio Maulawin

Brgy.Labuin,Sta.Cruz

Laguna

Philippines 4009

Contact Details:

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**POSITION APPLIED: Caregiver/nanny**

**WORK EXPERIENCED:**

Mr Derek Bruce Davis ( private carer,84 years old) July 28,2011 to February 2,2015-London

Mr. Godfrey Macdominic (private carer,83 years old) November 2011 to September 2014-London

Mrs. Frieda Rose (private carer,93 years old) January 2010- September 2010(London,England)

Mr. Neil Rosen(part time cleaner,carer to his mum) February 2010-June 2011(London)

Mr.& Mrs. Norman/Minnie Russell (part time cleaner/carer to the couple) November 2010-August 2014(London)

**Main Duties**

1.Assistance with daily living of elderly clients

2. Administer bedside and personal care to the clients such as aid in ambulation,bathing,personal hygiene,and dressing and undressing.

3.Plan and prepare meals and special diets and assist in feeding if required.

4.Prepare and dispense medications.

5. May perform routine housekeeping duties such as laundry,washing dishes and making beds

6. Accompany to doctors appointments and therapies as needed.

7. shop for household and grocery items

8. Maintain a safe and healthy home environment

9. Keep records of activities and health related information related to client as needed

**Part Time Nanny**

Mr.&Mrs Roderick-MaryJane Arano(part time nanny/baby sit to Ella 4 mos to 3 years old(2010-2013)(London)

Mr.&Mrs Muhammad-Novielyn Fahim (part time nanny/baby sit to Farah and Rohan) 2010-2013(London)

**Main Duties**

1. Supervise the children,s activities at all times.

2. Plan and prepare meals and bottles for and feed the children

3.Dress the children

4.Place the children down for naps and bedtime

5.Bathe the children,change diapers, potty trained

6.Perform housework related to childcare,including washing the children,s clothes,cleaning up after meals,tidying play areas,and washing bottles

7.Teach children,both indoors and outdoors ,good social manners

8.Discipline children when necessary,administer medicine to the children

**EDUCATIONAL ATTAINMENT:**

6 Months Caregiver Course

Philippine Women,s University

Sta.Cruz Laguna Branch

Philippines

November 10, 2003- July 11,2004

COMPUTER SECRETARIAL(2 years-vocational)

Advanced Computer Training School, Incorporated

Sta.Cruz, Laguna

Philippines

June 1989-April 1991

**PERSONAL INFORMATION**:

Birthdate: December 27,1971

Age: 43 years old

Nationality: Filipino

Marital Status: Partner

Children: Justine Junel Tobias(21 years old)

 Sean Harley Tobias (12 years old)